

AGE 9 & UP

advanced ballet

AND CONTEMPORARY & PBT CLASSES

2024/2025

ballet & pointe

Our Advanced Curriculum programming requires instructor placement in all levels and is designed to challenge students who are committed to serious dance training. Students will receive individual feedback and class evaluations each semester. Most Advanced level classes are designated as "technique only" and will not perform in our bi-annual recitals.

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Advanced Ballet 1	6:00 PM - 7:30 PM SR	6:00 PM - 7:00 PM CJ	6:45 PM - 8:00 PM SR 7:30 PM - 8:30 PM JO		8:30 AM - 9:45 AM AV
Advanced Ballet 2	6:00 PM - 7:30 PM SR 7:30 PM - 8:30 PM JO	6:00 PM - 7:00 PM TS	6:45 PM - 8:00 PM SR 7:30 PM - 8:30 PM JO		8:30 AM - 9:45 AM AV
Advanced Ballet 3	6:00 PM - 7:30 PM SR 7:30 PM - 8:30 PM JO	7:45 PM - 9:00 PM TS	6:45 PM - 8:00 PM SR 7:30 PM - 8:45 PM TS		8:30 AM - 9:45 AM TS
Advanced Ballet 4	4:30 PM - 6:00 PM SR 6:00 PM - 7:30 PM SR	7:45 PM - 9:00 PM TS	4:30 PM - 6:00 PM SR 6:45 PM - 8:00 PM SR	6:15 PM - 7:30 PM AV	8:30 AM - 9:45 AM TS
Advanced Ballet 5	4:30 PM - 6:00 PM SR 6:00 PM - 7:30 PM SR	7:45 PM - 9:00 PM TS	4:30 PM - 6:00 PM SR 6:45 PM - 8:00 PM SR	6:15 PM - 7:30 PM TS	8:30 AM - 9:45 AM JO
Prepointe (placement required)	8:30 PM - 9:15 PM JO				
Pointe 1 (placement required)	8:30 PM - 9:15 PM CJ		8:45 PM - 9:15 PM TS		
Pointe 2 (placement required)	8:30 PM - 9:15 PM AK		8:45 PM - 9:15 PM TS		
Pointe 3 (placement required)			6:00 PM - 6:45 PM SR	8:15 PM - 9:00 PM JO	
Pointe 4 (placement required)			6:00 PM - 6:45 PM SR	7:30 PM - 8:15 PM TS/JO	
Nutcracker Partnering <small>(invite only for Fall 24)</small>				8:15 PM - 9:00 PM CB/TS	

contemporary & strength

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Contemporary 3 <small>(prerequisite: Adv Ballet 1)</small>		7:00 PM - 7:45 PM MM			
Contemporary 4 <small>(prerequisite: Adv Ballet 2)</small>		7:00 PM - 7:45 PM SZ			
Contemporary 5 <small>(prerequisite: Adv Ballet 3)</small>				7:30 PM - 8:15 PM SZ	
Contemporary 6 <small>(prerequisite: Adv Ballet 4)</small>				7:30 PM - 8:15 PM MM	
Contemporary 7 <small>(prerequisite: Adv Ballet 5)</small>	6:45 PM - 7:30 PM JO				
Progressing Ballet Technique					8:00 AM - 8:30 AM TS
Strength & Conditioning			8:30 PM - 9:15 PM JO		8:00 AM - 8:30 AM AK 8:45 AM - 9:45 AM AK

2-3 ballet classes per week are recommended for advanced dancers



MDM
MIDWEST DANCE MECHANIX

*Advanced classes are Technique Only Classes & not in recital

AGE 9 & UP

advanced jazz

AND LYRICAL & MUSIC THEATRE CLASSES

2024/2025

Add a Leaps & Turns class & Lyrical class to maximize your jazz training!

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CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Advanced Jazz 1			4:30 PM - 5:30 PM KM	
Advanced Jazz 2			6:00 PM - 7:00 PM AB/GS	
Advanced Jazz 3			6:00 PM - 7:00 PM AB/GS	5:15 PM - 6:15 PM MM
Advanced Jazz 4	7:30 PM - 8:30 PM MM		7:30 PM - 8:30 PM SZ	
Advanced Jazz 5	7:30 PM - 8:30 PM KM		7:30 PM - 8:30 PM SZ	

leaps & turns, lyrical & music theatre

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Leaps & Turns 3 (prerequisite: Adv Jazz 1)			5:30 PM - 6:00 PM KM	
Leaps & Turns 4 (prerequisite: Adv Jazz 2)			7:00 PM - 7:30 PM AB/GS	
Leaps & Turns 5 (prerequisite: Adv Jazz 3)			7:00 PM - 7:30 PM AB/GS	
Leaps & Turns 6 (prerequisite: Adv Jazz 4)			8:30 PM - 9:00 PM SZ	
Leaps & Turns 7 (prerequisite: Adv Jazz 5)			8:30 PM - 9:00 PM SZ	
Lyrical 3 (prerequisite: Adv Jazz 1)			6:45 PM - 7:30 PM KM	
Lyrical 4 (prerequisite: Adv Jazz 2)			8:30 PM - 9:15 PM KM	
Lyrical 5 (prerequisite: Adv Jazz 3)				6:45 PM - 7:30 PM MM
Lyrical 6 (prerequisite: Adv Jazz 4)	8:30 PM - 9:15 PM MM			
Lyrical 7 (prerequisite: Adv Jazz 5)	8:30 PM - 9:15 PM KM			
Music Theatre 3 (prerequisite: Adv Jazz 1/2)		7:45 PM - 8:30 PM PM		
Music Theatre 4 (prerequisite: Adv Jazz 3/4)	5:15 PM - 6:00 PM PM			
Music Theatre 5 (prerequisite: Adv Jazz 4/5)	6:00 PM - 6:45 PM PM			



MDM
MIDWEST DANCE MECHANIX

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advanced curriculum

TAP, HIP HOP, & ACRO 2024/2025

Our Advanced Curriculum programming requires instructor placement in all levels and is designed to challenge students who are committed to serious dance training. Students will receive individual feedback and class evaluations each semester and will have opportunities to perform in the both the Holiday Showcase (December) and Spring Recital (May), However, many Advanced classes are "technique only" and do not perform in these performances.

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Advanced Hip Hop 1		5:15 PM - 6:00 PM AB/GS		
Advanced Hip Hop 2			5:15 PM - 6:00 PM AB/GS	
Advanced Hip Hop 3			6:45 PM - 7:30 PM SZ	
Advanced Tap 1	6:45 PM - 7:30 PM CW			
Advanced Tap 2				8:15 PM - 9:00 PM CW
Advanced Tap 3/4				5:15 PM - 6:00 PM CW

CLASS	MONDAY	TUESDAY
Intro to Acro		5:15 PM - 6:00 PM NB
Acro 1		7:30 PM - 8:15 PM NB
Acro 2		8:15 PM - 9:00 PM NB
Acro 3		6:45 PM - 7:30 PM NB
We recommend a placement class for Acro classes		



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